



**Thursday**  
**September 04, 2025**

**Heritage Woods**  
**Secondary**

**“WE ARE KODIAKS”**



# Bell Schedule

Block 1	8:00 – 9:12
Block 2	9:16 – 10:28
FLEX	10:28 – 10:57
Block 3	11:01 – 12:13
<b>LUNCH</b>	<b>12:13 – 12:53</b>
Block 4	12:57 – 2:09
Block 5	2:13 – 3:25



# My Weekly Planner Flex Booking System

Follow the link below (also found on HWSS) website

Log in with your student number and password

Enter numbers only for your student number

Your default password is your student number

Set new password on first log in

Instructions to book your flex space were emailed to you

<https://hwss.myweeklyplanner.net>

# FLEXpectations



- Attend one of your 4 classes
- The Grand Hall is for Grade 12's only
- The Library is a place for quiet work and is for Grade 11's & 12's only
- Flex is less than 30 minutes, and you are to remain in one class
- Flex is instructional time = Cell phones stored



# Fragrance Free

Reminder to all that *SD43 is Scent Aware*, and as such the district is asking for cooperation towards a scent reduced environment.

All staff, students and visitors are strongly encouraged to avoid or reduce the use of fragranced products, and to replace them with unscented alternatives.

# STUDENT PARKING PASSES

Reminder to students who are driving to school and parking in the school parking lots.

Please come to the HWSS main office to register your vehicle and receive a PARKING PASS to be displayed in vehicle. Usually hang from rear view mirror.



Thank you for your cooperation!



Please be respectful  
and refrain from  
parking in the  
handicap spots  
located at the back  
of the school.  
Unauthorized  
vehicles may be  
towed at the owner's  
expense.





# Senior Sail Grad Event

## Wednesday September 17, 2025

Tickets (\$95) will be available for purchase in your School Cash Online Account beginning on September 3rd at 9:00am as long as you have completed your School Policies and Procedures by 8:00am that day.

Please note that if you complete your School Policies and Procedures form after September 3rd at 8:00am, the tickets will not appear in your account until the school day AFTER you complete the forms.

Ticket sales close on **September 10<sup>th</sup>** and we have a limited number for this event so purchase yours early **BEFORE** they sell out!



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# Musical Theatre 9-12

*NO audition necessary!*

## **Next rehearsals:**

Thursday Sept. 04 (more info)

Monday Sept. 08 (everyone)

# New Music Students

Instrumental and Vocal Students

**If you are interested in joining a music class,  
and don't have a Period 1 class  
please sign-up with a  
music teacher asap (102/103)**



**It's not too late to sign-up!**

# Music Department - Retreats

New Concert Band members, String Orchestra,  
all Percussionists and concert choir/vocal jazz  
& Music Peer Tutors



- Important meeting on Thursday, Sept. 4
- Room 103 (music)
- **Start of LUNCH** – bring a bag lunch – no time for the cafeteria.

**IMPORTANT RETREAT INFORMATION WILL GIVEN OUT!**

# ATTENTION MUSIC STUDENTS

## *First Classes*

### **Wednesday, Sept. 3**

*LUNCH – Any music student that missed the 8:00 meeting  
Concert Band, Concert Choir, String Orchestra, Jazz Band*

*AFTER SCHOOL – All Jazz Band Students  
In Music Room (103)*

### **Thursday, Sept. 4**

*& Junior Concert Band (7:30 am) & Concert Choir (7:45 am)*

*AFTER SCHOOL - String Orchestra  
– bring instrument, planner, & pencil*

All MUST attend!



# KODIAK ATHLETICS





1. All students playing a fall sport, must have their school and district policy forms and athletic fees paid and completed prior to practicing or playing with any team. Coaches and staff will be checking to ensure your forms and fees are completed upon the start of the season.
2. Senior Boys Soccer Sign-up and Girls Field Hockey QR Codes are posted outside the PE office on the Athletics Bulletin board.
3. Volleyball sign-up QR codes are posted on the bulletin boards surrounding the gym.

# HWSS Field Hockey Team

Calling all girls from all grades who are interested in playing field hockey.

Please sign-up using the QR code and check your school e-mail for information regarding this year's team in the upcoming weeks.

HWSS Field Hockey Team 2025



# HWSS Cross Country Sign Up

Races are Wednesday  
afternoons starting September  
17<sup>th</sup> at Mundy Park.

Please email Mr. Castonguay  
[icastonguay@sd43.bc.ca](mailto:icastonguay@sd43.bc.ca) if you  
have any questions.

Cross Country Roster Sign Up 2025



# CAREER CENTER



# The U of A is coming to Heritage

**Monday Sept. 08**  
**Lunch Time 11:44pm**  
**Room 109**

Learn more about University of Alberta programs,  
campus life, and admission requirements.

All interested students are welcome to attend.

